

crate or barrier. Allowing your pet to roam freely in the car can be dangerous for the pet and distracting for the driver. For pets with visual cue motion sickness, putting them down on the floor of the car where they cannot see out can often be very helpful.

- If your pet is not accustomed to traveling in the car, take some short trips, gradually increasing his time to get him used to longer rides. Bring a favorite toy and blanket for comfort.

- Your pet should have a very light meal in the three hours before travel. An empty stomach is usually more prone to nausea. Some pets will respond better on a reasonably full stomach, but if it comes up, it could mean a lot of cleaning. Keep pets hydrated with small amounts of water.



- Make frequent stops, allowing pets time to exercise and relieve themselves. Be sure your pet is wearing identification tags or has a microchip in case he does run away or gets lost.

- Never leave your pet in the car unattended. They can easily overheat, even when windows are left open. Always be careful with an open window—pets may jump out at the wrong time, or get stuck in them.

- Be sure your pet's mandated vaccinations are up to date, and ask your vet for a health certificate to bring along. Pack any medications your pet might be taking, or might need in an emergency. Researching local veterinarians and emergency clinics in the area you intend to visit can save you valuable time in an emergency.

- If your pet does experience motion sickness, try a remedy such as HomeoPet's

Travel Anxiety before you begin your trip.



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