

# R.I. Turnpike and Bridge Authority Almanac

# March 30, 2006

## Five Day Forecast

**Thursday**  
Sunny  
High: 57 Low: 41

**Friday**  
Mostly Sunny  
High: 55 Low: 43

**Saturday**  
Showers Likely  
High: 54 Low: 41

**Sunday**  
Mostly Cloudy  
High: 54 Low: 38

**Monday**  
Mostly Sunny  
High: 50 Low: 35

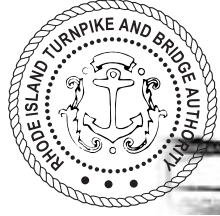
## Local Tides This Week

NEWPORT					CONANICUT POINT				
Day	High	Low	High	Low	Day	High	Low	High	Low
Thu	8:14 am	1:50 am	8:34 pm	1:46 pm	Thu	8:21 am	1:44 am	8:41 pm	1:40 pm
Fri	9:03 am	2:36 am	9:23 pm	2:26 pm	Fri	9:10 am	2:30 am	9:30 pm	2:20 pm
Sat	9:52 am	3:21 am	10:13 pm	3:06 pm	Sat	9:59 am	3:15 am	10:20 pm	3:00 pm
Sun	11:44 am	5:05 am	None	4:47 pm	Sun	11:51 am	4:59 am	None	4:41 pm
Mon	12:06 am	5:52 am	12:37 pm	5:31 pm	Mon	12:13 am	5:46 am	12:44 pm	5:25 pm
Tue	1:01 am	6:56 am	1:33 pm	6:23 pm	Tue	1:08 am	6:50 am	1:40 pm	6:17 pm
Wed	2:00 am	9:11 am	2:33 pm	7:31 pm	Wed	2:07 am	9:05 am	2:40 pm	7:25 pm

## Almanac Last Week

Day	High	Low	Precip
3/20	37	24	0.00"
3/21	41	23	0.00"
3/22	44	30	0.00"
3/23	54	30	0.00"
3/24	47	33	0.00"
3/25	41	33	0.00"
3/26	50	34	0.00"

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Tokens:  
11 for \$10.00  
60 for \$50.00  
Total savings = \$12.00  
Total savings = \$70.00

## Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Thu 3/30	5:32 a.m.	6:09 p.m.	6:02 a.m.	8:03 p.m.
Fri 3/31	5:30 a.m.	6:10 p.m.	6:29 a.m.	9:21 p.m.
Sat 4/1	5:28 a.m.	6:11 p.m.	7:00 a.m.	10:37 p.m.
Sun 4/2	6:26 a.m.	7:12 p.m.	8:38 a.m.	No Set
Mon 4/3	6:25 a.m.	7:13 p.m.	9:24 a.m.	12:48 a.m.
Tue 4/4	6:23 a.m.	7:14 p.m.	10:18 a.m.	1:50 a.m.
Wed 4/5	6:22 a.m.	7:15 p.m.	11:19 a.m.	2:41 a.m.

## Weather History

**March 30, 1987** - A storm spread heavy snow across the Ohio Valley and lower Great Lakes region. Cleveland received 16 inches of snow in 24 hours, their second highest total of record. Winds gusting to 50 mph created 8-12 foot waves on Lake Huron.

**March 31, 1973** - A devastating tornado took a nearly continuous 75-mile path through north central Georgia, causing more than 113 million dollars in damage, the highest total of record for a natural disaster in the state.

## Town Meetings

**Tuesday, April 4**  
Noon, Town Hall: agenda deadline for the April 10 Town Council meeting.

**Wednesday, April 5**  
7:30 p.m., library: the Planning Commission meets.

**Thursday, April 6**  
7 p.m., Lawn school library: the School Committee meets.

## Bridge presentation to be broadcast on cable

Tom Kelly, who videotapes Jamestown meetings and events for his Kelly Vision public access program on Cox cable channel 13, taped the presentation by the state Department of Transportation on the upcoming demolition of the old Jamestown Bridge.

The show will be broadcast on Saturday, April 1, at 7 a.m. and again on Sunday, April 2, at 6 p.m.

## Free program on Lyme disease

On Tuesday, April 11, Thomas E. Forschner, the executive director of the Lyme Disease Foundation, will present a program on Lyme disease at the Jamestown library at 7 p.m.

Forschner is the co-founder of the Lyme Disease Foundation and has donated over 3,000 hours of volunteer service to the organization. Executive director since 1990, he also has 24 years of business experience. He decided to found the foundation in order to find the answers to a disease that was killing his son Jamie.

Although Jamie died in 1991, Forschner continues his work at the foundation knowing that he is helping to make the world a healthier, safer place.

The Lyme Disease Foundation is the premier non-profit organization dedicated to finding solutions for tick-borne disorders. Its board of directors includes the discoverer of the Lyme bacterium, as well as distinguished physicians, a retired congressman, and researchers. Its headquarters are in Tolland, Conn.

Forschner has lectured extensively on Lyme disease throughout the country. He will present this program free of charge to all Jamestown residents.

Yoga Flow with Kim Ferguson, golf course, 6 p.m., fee.

Bible study, Jamestown Chapel, 7:15 p.m., 423-0617.

### Thursday April 6

Yoga with Rose Russo, golf course, 8:25-9:40, fee.

Open recreation, Community Center, 3-5 p.m.

Alcoholics Anonymous, Central Baptist Church, 5:30 p.m.

Vinyasa yoga with Judy McLain, golf course, 5:30-6:50 p.m., fee.

Restorative yoga with Judy McLain, golf course, 7-8:20 p.m., fee.

Foreign Film Series, "Not One Less," from China, library, 7 p.m.

Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.

## Senior project details at PTSO meeting

The North Kingstown High School Parent Teacher Student Organization (PTSO) will hold its next meeting on Thursday, April 6, at 7 p.m. in the school's media center. Teacher Marianne Kirby will be the guest, and she will discuss the senior project. The requirements of students in their freshman, sophomore, and junior years leading up to the senior project will be presented, as well as the senior project itself. This has become a required part of the curriculum for graduation beginning with last year's freshman class. Parents are invited to ask questions or address any concerns they may have.

Plans will be finalized for the Teacher Appreciation Luncheon.

*Don't miss the Osprey talk Friday evening at the library!*

# The Island Calendar

### Thursday March 30

Yoga with Rose Russo, golf course, 8:25-9:40, fee.

Open recreation, Community Center, 3-5 p.m.

Alcoholics Anonymous, Central Baptist Church, 5:30 p.m.

Vinyasa yoga with Judy McLain, golf course, 5:30-6:50 p.m., fee.

Restorative yoga with Judy McLain, golf course, 7-8:20 p.m., fee.

Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.

### Friday March 31

Moderate yoga with Kim Chandler, golf course, 8:30 a.m., fee.

Senior bowling, Senior Center, 9 a.m., \$3.

Open recreation, Community Center, 3-5 p.m.

Alcoholics Anonymous, St. Matthew's church, 5 p.m.

Raptor expert Rob Bierregaard talks

about osprey, library, 7 p.m.

### Saturday April 1

Jamestown Baseball tryouts, Around The Horn Indoor Sports, East Greenwich, 8 a.m.

Alcoholics Anonymous, PAC, 9 a.m.

Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762.

Rabies Clinic for dogs, cats, ferrets, Fire Station, 11 a.m.-noon, \$10 per pet.

Sacrament of Reconciliation, St. Mark Church, 4:30-5 p.m.

Weekend Mass, St. Mark Church, 5 p.m.

### Sunday April 2

Sunday services, St. Matthew's church, 8 a.m. and 10 a.m.

Sunday Mass, St. Mark Church, 8:30 and 10 a.m.

Interval training with Sandra Stewart, golf course, 9 a.m.

Sunday worship, Central Baptist Church, 9:30 a.m.

Sunday service Jamestown Chapel, Senior Center 9:30 a.m., Sunday school at 11 a.m.

Alcoholics Anonymous, St. Matthew's church, 4:30 p.m.

Spaghetti supper fund-raiser for Nancy Maloney, PAC, 5-8 p.m., \$20 adults/\$10 kids.

### Monday April 3

Free tax help, library, 10 a.m.-2 p.m.

Open recreation, Community Center, 3-5 p.m.

Alanon meeting, PAC downstairs, 6 p.m.

Pilates, golf course, 6 p.m., fee.

Jamestown Community Chorus rehearsal, Central Baptist Church, 7 p.m.

Tai chi, golf course, 7-8:15 p.m., fee.

### Tuesday April 4

Yoga with Rose Russo, golf course, 8:25-9:40, fee.

Thrft Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762.

Open recreation, Community Center, 3-5 p.m.

Alcoholics Anonymous, St. Matthew's church, 5:15 p.m.

Moderate yoga with Kim Chandler, golf course, 5:30 p.m., fee.

Jamestown Community Band spring concert, PAC, 7 p.m., free.

### Wednesday April 5

Transform, golf course, 9-10 a.m., fee.

Free tax help, library, 10 a.m.-2 p.m.

Bridge, Pemberton Community Center, 1 p.m.

Open recreation, Community Center, 3-5 p.m.

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