

As a member of the United States Military, I have had the opportunity to visit numerous gyms throughout the world. This broad perspective has enabled me to fully appreciate the unmatched qualities of Jamestown Fitness. The extremely friendly staff, state-of-the-art workout equipment, and convenient location are just a few of the many great attributes I have enjoyed as a member. Additionally, I can say with 100% assurance that Jamestown Fitness is by far the *cleanest* gym I have ever seen! I would recommend it to anyone desiring a healthy lifestyle.

Fly Navy,
Todd Marzano

Mon. - Thur.: 5:30 am - 8 pm
Friday: 5:30 am - 7 pm
Sat. & Sun.: 7 am - 3 pm

36 Southwest Avenue
Jamestown, RI 02835
T: 560-0300 • F: 560-0301

Chairs for the band

The Jamestown Rotary Club last week donated more than \$1,500 to the Lawn Avenue School to purchase new chairs for the band room. Band director Karyn Kauffman (center) accepted the check from Rotary member Mike Schnack. They are flanked by band members and Rotarians.

Photo by Andrea von Hohenleiten



JEMS gets new pulse CO-Oximeter

The Jamestown Emergency Medical Service, at its Feb. 27 business and training meeting, elected to use funds from our recent fund-raising drive to purchase two Masimo Rad-57 Pulse CO-Oximeters at a cost of \$3,000 each.

Two independent clinical studies, recently presented at the American Association for Respiratory Care (AARC) Congress, found that the Masimo Rainbow SET® Rad-57 Pulse CO-Oximeter™ was effective in detecting carbon monoxide levels in the bloodstream. The first study was from the Mayo Clinic. The second was done at Rhode Island Hospital & Brown Medical School, Department of Emergency Medicine.

The Masimo Company website explains the problem. "Carbon monoxide, a silent, odorless killer, is the leading cause of accidental poisoning deaths in the U.S., responsible for an estimated 5,000 fatalities and 10,000 poisoning injuries annually. Since carbon monoxide is produced by combustion,

it can be a threat both at home, usually from faulty furnaces or water heaters and in the workplace, where exhaust fumes from motor vehicles and manufacturing equipment can accumulate. Because carbon monoxide is produced in huge quantities in building and forest fires, firefighters face an especially high risk of repeated exposure to carbon monoxide.

"Carbon monoxide poisoning can be very difficult to diagnose, since its symptoms resemble those of the flu and other common ailments. Sometimes symptoms are so subtle that patients ignore them, with life-threatening consequences. Quick diagnosis and treatment of carbon monoxide poisoning is critically important in saving lives and preventing long-term neurological damage. Quick diagnosis of a poisoned patient may also allow paramedics, firefighters and clinicians in the emergency department to identify other persons at risk in a toxic home or work environment, and intervene before it

is too late.

"Unfortunately, conventional pulse oximeters cannot distinguish carbon monoxide from oxygen, and report erroneous high oxygen levels, even when patients are severely poisoned with carbon monoxide.

"With the introduction of the Rad-57 pulse CO-Oximeter, hospital clinicians and first responders in the field now have a portable, durable unit that can be used anywhere to diagnosis carbon monoxide poisoning painlessly, in seconds."

Joan Faella, an EMT and a nurse in a hospital hyperbaric unit, brought forward the recommendation to purchase the new technology. JEMS investigated the technology last year but were waiting for more studies to confirm the efficacy of the new device.

Rick Hodges, director of the JEMS, said, "This will be especially valuable for us during firefighter rehab. One of our most important missions is to support the brave men and women of the Jamestown fire department. Early and accurate detection of the presence of carbon monoxide is vital for timely treatment." The membership voted unanimously for this purchase.

The remainder of the meeting was devoted to a program on domestic violence given by a member of the Women's Resource Center of Newport and Bristol counties. JEMS meets the second and fourth Tuesdays of each month for training.

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"I always believed as a speechwriter that if you could persuade the president to commit himself to certain words, he would feel himself committed to the ideas that underlay those words. And the big shock to me has been that, although the president said the words, he just did not absorb the ideas. And that is the root of, maybe, everything."

- David Frum (speechwriter for President Bush)

Knowing what is true, and having the knowledge, experience, and the intelligence to understand the consequences of the truth, have to be the most important qualifications for leadership in this treacherous world.

If all those who claim to have been on the Edmund Pettus Bridge in Selma, Alabama in 1965, were actually there, the bridge would have tumbled down.

Falsely claiming to have been there, supporting those fighting for basic human rights, cannot, standing by itself, be a seriously bad thing.

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