

# The Jamestown Press Almanac

Nov. 1, 2007

## Five Day Forecast

**Thursday**  
Few Showers  
High: 62 Low: 41

**Friday**  
Sunny  
High: 53 Low: 42

**Saturday**  
Partly Cloudy  
High: 52 Low: 45

**Sunday**  
Partly Cloudy  
High: 52 Low: 40

**Monday**  
Mostly Sunny  
High: 57 Low: 42

## Local Tides This Week

NEWPORT					CONANICUT POINT				
Day	High	Low	High	Low	Day	High	Low	High	Low
Thu	1:18 am	6:25 am	1:48 pm	9:04 pm	Thu	1:25 am	6:19 am	1:55 pm	8:58 pm
Fri	2:19 am	8:16 am	2:51 pm	10:02 pm	Fri	2:26 am	8:10 am	2:58 pm	9:56 pm
Sat	3:21 am	10:05 am	3:53 pm	10:45 pm	Sat	3:28 am	9:59 am	4:00 pm	10:39 pm
Sun	3:22 am	9:58 am	3:52 pm	10:15 pm	Sun	3:29 am	9:52 am	3:59 pm	10:09 pm
Mon	4:16 am	10:35 am	4:44 pm	10:34 pm	Mon	4:23 am	10:29 am	4:51 pm	10:28 pm
Tue	5:04 am	11:06 am	5:28 pm	10:55 pm	Tue	5:11 am	11:00 am	5:35 pm	10:49 pm
Wed	5:46 am	11:36 am	6:07 pm	11:23 pm	Wed	5:53 am	11:30 am	6:14 pm	11:17 pm

## Almanac Last Week

Day	High	Low	Precip
10/22	70	59	0.00"
10/23	71	62	0.01"
10/24	68	53	0.02"
10/25	55	48	0.06"
10/26	60	46	0.03"
10/27	66	57	0.12"
10/28	64	44	0.00"

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## Weather History

**Nov. 1, 1861** - A hurricane near Cape Hatteras, N.C. battered a Union fleet of ships that was attacking Carolina ports. The hurricane produced high tides and high winds in New York state and New England.

**Nov. 2, 1989** - Squalls in the Upper Great Lakes region the first three days of the month buried Ironwood, Mich. under 46 inches of snow and produced 40 inches at Hurley, Wis. Arctic cold invaded the Southern Plains region. Midland, Texas reported a record low of 22 degrees.

## Cast Your Vote November 6th

Results online at [www.JamestownPress.com](http://www.JamestownPress.com)

## Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Thu 11/1	7:16 a.m.	5:41 p.m.	11:54 p.m.	2:02 p.m.
Fri 11/2	7:17 a.m.	5:40 p.m.	No Rise	2:30 p.m.
Sat 11/3	7:19 a.m.	5:38 p.m.	1:02 a.m.	2:53 p.m.
Sun 11/4	6:20 a.m.	4:37 p.m.	1:07 a.m.	2:13 p.m.
Mon 11/5	6:21 a.m.	4:36 p.m.	2:09 a.m.	2:32 p.m.
Tue 11/6	6:22 a.m.	4:35 p.m.	3:10 a.m.	2:51 p.m.
Wed 11/7	6:23 a.m.	4:34 p.m.	4:11 a.m.	3:11 p.m.

## Planets

	Rise	Set
Mercury	5:57 a.m.	5:07 p.m.
Venus	3:20 a.m.	3:51 p.m.
Mars	9:15 p.m.	12:28 p.m.
Jupiter	10:42 a.m.	7:54 p.m.
Saturn	1:59 a.m.	3:19 p.m.
Uranus	3:29 p.m.	2:50 a.m.
Neptune	2:23 p.m.	12:39 a.m.

## Weather Trivia

What is a front? **?**

**Answer:** A boundary zone between two air masses of different density.



# The Island Calendar

### Thursday Nov. 1

- Blood Pressure Clinic, library, 1-2 p.m.
- Business Expo, community center, 5-7 p.m.
- Alcoholics Anonymous, St. Matthew's Church, 5:30 p.m.
- Chair Yoga, Central Baptist Church, 5-6 p.m., fee
- Hatha Yoga Basics, Central Baptist Church, 6:15-7:45 p.m., fee
- Pilates, 32 Pemberton Ave., 6 p.m., fee
- Maden Book Talk, library, 7 p.m.
- Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.

### Friday Nov. 2

- Mellow Vinyasa yoga, 32 Pemberton Ave., 8:30 a.m., fee
- Senior bowling, Senior Center, 9 a.m., \$3
- Yoga basics, 32 Pemberton Ave., 10 a.m., fee
- Teen Center Open Rec., community center, 2-9 p.m.

- Empty Bowls, Melrose School, 3:30-7:30 p.m.
- Alcoholics Anonymous, St. Matthew's church, 5 p.m.

### Saturday Nov. 3

- Alcoholics Anonymous, PAC Club, 9 a.m.
- Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762
- Sacrament of Reconciliation, St. Mark Church, 3:30-4 p.m.
- Weekend Mass, St. Mark Church, 4 p.m.

### Sunday Nov. 4

- Sunday services, St. Matthew's church, 8 a.m. and 10 a.m.
- Sunday Mass, St. Mark Church, 8:30 and 10 a.m.
- Sunday worship, Central Baptist Church, 9:30 a.m.
- Sunday service Jamestown Chapel, Senior Center 9:30 a.m., Sunday school at 11 a.m.
- Sunday services, Old Quaker Meetinghouse, 10:30 a.m.

- Knitting, library, 1-3 p.m.
- Alcoholics Anonymous, St. Matthew's church, 4:30 p.m.

### Monday Nov. 5

- Mellow Vinyasa Yoga, 32 Pemberton Ave., 8:30 a.m., fee
- Alanon meeting, PAC Club, downstairs, 6 p.m.
- Jamestown Community Chorus rehearsal, Central Baptist Church, 7 p.m.

### Tuesday Nov. 6

- Election Day, polls open 8 a.m.-9 p.m.
- Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762
- Computer Assistance Program, library, 10 a.m.-12 p.m.
- Bridge, Pemberton Community Center, 12:30-4 p.m.
- Hip-Hop Classes, community center, 5 p.m.
- Alcoholics Anonymous, St. Matthew's church, 5:15 p.m.
- Mellow Vinyasa yoga, 32 Pemberton Ave., 5:30-6:45 p.m., fee
- Pajama Storytime, library, 7 p.m.
- Anime Club, library, 7 p.m.
- Women's Bible Study, St. Matthew's church, 7 p.m.
- Jamestown Community Band rehearsal, PAC Club, 7 p.m.

- Co-dependents Anonymous, St. Matthew's church, 7:30-9 p.m.

### Wednesday Nov. 7

- Pilates, 32 Pemberton Ave., 9 - 10 a.m., fee
- Alcoholics Anonymous, PAC Club, 7 a.m.
- Morning yoga with Rose Russo, 32 Pemberton Ave., 9 a.m., fee
- 2-year-old Storytime, library, 10:15-11 a.m.
- 3 to 5-year old Storytime, library, 11-11:45 a.m.
- Bible study, Jamestown Chapel, 7:15 p.m., 423-0617
- Over 35 basketball, Lawn Avenue gym, 7:30-9:30 p.m.

### Thursday Nov. 8

- Alcoholics Anonymous, St. Matthew's Church, 5:30 p.m.
- Chair Yoga, Central Baptist Church, 5-6 p.m., fee
- Hatha Yoga Basics, Central Baptist Church, 6:15-7:45 p.m., fee
- Pilates, 32 Pemberton Ave., 6 p.m., fee
- First Responders for Animals, library, 7 p.m.
- Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.

## Town meetings

- Thursday, Nov. 1**  
7 p.m., Lawn Avenue School library, the School Committee meets.
- Tuesday, Nov. 6**  
Polls open 8 a.m. to 9 p.m.
- Wednesday, Nov. 7**  
2 p.m., Town Hall, Probate Court convenes.  
7 p.m., Town Hall, the Planning Commission meets.

## Empty bowls to be filled Nov. 2

The annual Empty Bowls event is slated for tomorrow night, Friday, Nov. 2, from 3:30 to 7:30 p.m. at the Melrose Avenue School.

The event brings awareness to issues of poverty.

For \$15 adults, and \$10, children, participants will select a handmade bowl, a spoon and can choose from several gourmet soups and stews.

A jazz trio will serenade diners and there will be a silent auction and sales of T-shirts.

All proceeds benefit local food banks, just in time for their Thanksgiving rush.

For more information about the global project, go to [www.emptybowls.com](http://www.emptybowls.com).

## Special education open house set

An Open House Night for parents of special education students in the Melrose and Lawn Schools will be hosted by the Jamestown Special Education Local Advisory Committee (SELAC) on Tuesday evening, Nov. 13, at 6:30 p.m. in Melrose school library.

Dr. Robert Fricklas, Director of Student Services/Special Ed, therapists in the areas of speech, occupational therapy, physical education, and other special education staff will make presentations at the open house.

The open house will provide a unique opportunity for parents, especially those new to special education programs, to see a demonstration of the various therapy techniques and exercises that are conducted with students to improve their learning challenges. The evening will also include opportunity for parents to have one-on-one discussions with therapists and special education administrative staff.

"Therapists play such a critical role in the special ed program and this is a unique forum where parents can really get a close-up snapshot of what they do and why," said Donna Perry, SELAC member and moderator of the open house.

"We urge any and all parents of students who fall anywhere in the wide spectrum of learning challenges to attend and get to know the Special Ed personnel who are working so hard for your children," Perry added. For more information, contact Perry at 423-0450 or [donnaperry@cox.net](mailto:donnaperry@cox.net), or Alexandra Nickol at [fournickols@msn.com](mailto:fournickols@msn.com).

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