

The Jamestown Press Almanac

Nov. 22, 2007

Five Day Forecast

Thursday
Scat'd Rain
High: 60 Low: 38

Friday
Few Showers
High: 45 Low: 29

Saturday
Sunny
High: 41 Low: 31

Sunday
Sunny
High: 44 Low: 36

Monday
Few Showers
High: 48 Low: 34

Local Tides This Week

NEWPORT					CONANICUT POINT				
Day	High	Low	High	Low	Day	High	Low	High	Low
Thu	5:07 am	11:16 am	5:36 pm	11:03 pm	Thu	5:14 am	11:10 am	5:43 pm	10:57 pm
Fri	6:01 am	12:09 pm	6:28 pm	11:51 pm	Fri	6:08 am	12:03 pm	6:35 pm	11:45 pm
Sat	6:53 am	1:02 pm	7:19 pm	None	Sat	7:00 am	12:56 pm	7:26 pm	None
Sun	7:44 am	12:41 am	8:11 pm	1:56 pm	Sun	7:51 am	12:35 am	8:18 pm	1:50 pm
Mon	8:37 am	1:31 am	9:05 pm	2:50 pm	Mon	8:44 am	1:25 am	9:12 pm	2:44 pm
Tue	9:31 am	2:22 am	10:00 pm	3:43 pm	Tue	9:38 am	2:16 am	10:07 pm	3:37 pm
Wed	10:28 am	3:14 am	10:57 pm	4:38 pm	Wed	10:35 am	3:08 am	11:04 pm	4:32 pm

Almanac Last Week

Day	High	Low	Precip
11/12	51	25	0.00"
11/13	58	37	0.19"
11/14	56	33	0.00"
11/15	62	42	0.31"
11/16	48	34	0.06"
11/17	45	32	0.00"
11/18	44	31	0.00"

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Have a Safe and Happy Thanksgiving!

Sun/Moon Chart This Week

	Day	Sunrise	Sunset	Moonrise	Moonset	
Full 11/24	Thu 11/22	6:41 a.m.	4:21 p.m.	2:40 p.m.	4:12 a.m.	New 12/9
	Fri 11/23	6:43 a.m.	4:20 p.m.	3:16 p.m.	5:35 a.m.	
	Sat 11/24	6:44 a.m.	4:20 p.m.	4:02 p.m.	6:58 a.m.	
	Sun 11/25	6:45 a.m.	4:19 p.m.	4:59 p.m.	8:17 a.m.	
	Mon 11/26	6:46 a.m.	4:19 p.m.	6:08 p.m.	9:24 a.m.	
Last 12/1	Tue 11/27	6:47 a.m.	4:18 p.m.	7:23 p.m.	10:18 a.m.	First 12/17
	Wed 11/28	6:48 a.m.	4:18 p.m.	8:38 p.m.	10:59 a.m.	

Planets

	Rise	Set
Mercury	5:29 a.m.	3:44 p.m.
Venus	2:51 a.m.	2:27 p.m.
Mars	6:52 p.m.	10:14 a.m.
Jupiter	8:40 a.m.	5:49 p.m.
Saturn	11:40 p.m.	1:00 p.m.
Uranus	1:06 p.m.	12:26 a.m.
Neptune	12:00 p.m.	10:13 p.m.

Weather History

Nov. 22, 1988 - Wet and windy weather prevailed across the western U.S., with heavy snow in some of the higher elevations. Winds gusted to 62 mph at Vedaauwo, Wyo., and reached 75 mph at Tillamook, Ore. Shelter Cove, Calif. was drenched with 4.37 inches of rain in 24 hours.

Nov. 23, 1943 - Northern New Hampshire was in the grips of a record snowstorm that left a total of 55 inches at Berlin and 56 inches at Randolph. The Randolph total was a 24-hour snowfall record for the state.

Weather Trivia

The zone of atmosphere that we stand in is known as?

Answer: The lithosphere.



The Island Calendar

Thursday Nov. 22

- Alcoholics Anonymous, St. Matthew's Church, 5:30 p.m.
- Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.
- Mellow Vinyasa yoga, 32 Pemberton Ave., 8:30 a.m., fee
- Senior bowling, Senior Center, 9 a.m., \$3
- Yoga basics, 32 Pemberton Ave., 10 a.m., fee
- Teen Center Open Rec., community center, 2-9 p.m.
- Alcoholics Anonymous, St. Matthew's church, 5 p.m.

Friday Nov. 23

- Alcoholics Anonymous, PAC Club, 9 a.m.
- Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762
- Sacrament of Reconciliation, St. Mark Church, 3:30-4 p.m.
- Weekend Mass, St. Mark Church, 4 p.m.

Saturday Nov. 24

- Alcoholics Anonymous, PAC Club, 9 a.m.
- Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762
- Sacrament of Reconciliation, St. Mark Church, 3:30-4 p.m.
- Weekend Mass, St. Mark Church, 4 p.m.

Sunday Nov. 25

- Sunday services, St. Matthew's church, 8 a.m. and 10 a.m.
- Sunday Mass, St. Mark Church, 8:30 and 10 a.m.
- Sunday worship, Central Baptist Church, 9:30 a.m.
- Sunday service Jamestown Chapel, Senior Center 9:30 a.m., Sunday school at 11 a.m.
- Knitting, library, 1-3 p.m.
- Alcoholics Anonymous, St. Matthew's church, 4:30 p.m.

Monday Nov. 26

- Mellow Vinyasa Yoga, 32 Pemberton Ave., 8:30 a.m., fee
- Afternoon Book Club, library, 1 p.m.
- Alanon meeting, PAC Club, downstairs, 6 p.m.
- Jamestown Community Chorus rehearsal, Central Baptist Church, 7 p.m.

Tuesday Nov. 27

- Thrift Shop, St. Matthew's church, 9:30-11:30 a.m., 423-1762
- Computer Assistance Program, library, 10 a.m.-12 p.m.
- Bridge, Pemberton Community Center, 12:30-4 p.m.
- Hip-Hop Classes, community center, 5 p.m.
- Alcoholics Anonymous, St. Matthew's church, 5:15 p.m.
- Mellow Vinyasa yoga, 32 Pemberton Ave., 5:30-6:45 p.m., fee
- Pajama Storytime, library, 7 p.m.
- Anime Club, library, 7 p.m.
- Women's Bible Study, St. Matthew's church, 7 p.m.
- Jamestown Community Band rehearsal, PAC Club, 7 p.m.
- Co-dependents Anonymous, St. Matthew's church, 7:30-9 p.m.

Wednesday Nov. 28

- Pilates, 32 Pemberton Ave., 9 - 10 a.m., fee
- Alcoholics Anonymous, PAC Club, 7 a.m.
- Morning yoga with Rose Russo, 32 Pemberton Ave., 9 a.m., fee
- 2-year-old Storytime, library, 10:15-11 a.m.

- 3 to 5-year old Storytime, library, 11-11:45 a.m.
- Bible study, Jamestown Chapel, 7:15 p.m., 423-0617
- Over 35 basketball, Lawn Avenue gym, 7:30-9:30 p.m.

Thursday Nov. 29

- Alcoholics Anonymous, St. Matthew's

- Church, 5:30 p.m.
- Chair Yoga, Central Baptist Church, 5-6 p.m., fee
- Hatha Yoga Basics, Central Baptist Church, 6:15-7:45 p.m., fee
- Pilates, 32 Pemberton Ave., 6 p.m., fee
- Gamblers Anonymous, St. Lucy's Church, Middletown, 8 p.m.

Msgr. Clarke school looking for graduates

Msgr. Matthew F. Clarke School in Wakefield is seeking all alumni dating back to its first eighth-grade graduating class of 1968.

The school is celebrating its 40th anniversary and using the occasion to create an alumni association and reconnect with its grads.

"We don't have a comprehensive alumni list and need to make that a priority," said Principal Paula Bailey. "We have a deep, rich history, and will need to rely on our former students to help us understand and celebrate our past. We urge them, as well as all faculty members who have taught at Msgr. Clarke, to contact us so we can have a conversation with them about their experiences here."

In addition to collecting an oral history, the school would like to borrow photographs of students or school events through

the years to scan and compile a photo library of the school's progress.

Grads and former faculty members are requested to contact Therese Hem, the assistant principal, at them@monsignor-clarkeschool.org or by calling her at 789-0860.

Founded in 1966, Msgr. Matthew F. Clarke Catholic Regional School is a co-educational elementary school with 450 pupils in grades pre-K to 8.

Band's holiday concert set

The Navy Band Northeast's Concert Band will present its annual holiday concert on Saturday, Dec. 15, at 2 p.m. at Rogers High School Auditorium.

The band will perform a variety of classic and modern holiday favorites.

Special guests performing with the band this year will be the Navy Children's Choir. These students in grades 3 through 5 are from the Cranston Calvert and Underwood schools and are under the direction of Mr. Loren Palmer.

The concert is free and open to the public.

For more information about the concert and Navy Band Northeast's performance schedule, call 841-2479.

Town meetings

- Thursday, Nov. 22**
All town offices closed for Thanksgiving.
- Friday, Nov. 23**
All town offices closed.
- Monday, Nov. 26**
7 p.m., Town Hall, the Town Council meets.
- Tuesday, Nov. 27**
7 p.m., Town Hall, the Zoning Board of Review meets.

Audio books can be family fun

In today's fast-paced world of hundreds of television channels, millions of Web sites and iPods in every kid's backpack, sometimes it seems that entertainment is becoming a solitary experience that each family member enjoys alone. One innovative form of family entertainment that is becoming more and more popular with parents is the audiobook - stories the whole family can listen to on CDs, at home and in the car. Particularly popular, these days, are fantasy and magic-oriented tales that can be engaging for both parents and children alike. Audiobooks are being used by parents as a great way to get kids to use their imagination, and as innovative tools to get children interested in reading. As many parents can attest, audiobooks make for wonderful diversions on those long family car trips. "We all like a good story. It's no wonder more families are turning to audiobooks, as nothing beats having a great storyteller read one to you," said Jennifer Feldman, Publisher, Scholastic Audio Group.

Here are some ideas for enjoying audiobooks with your family:

- * Treat new audiobook releases the way you would new movies and get the whole family excited for upcoming stories. This season, for instance, highly-anticipated new family-friendly releases include, "What-the-Dickens: The Story of a Rogue Tooth fairy," by Gregory Maguire, who also wrote "Wicked," the best-seller that became a Broadway musical; and "Seeing Redd," the second in the hugely popular "The Looking Glass Wars" trilogy.

- Other much-heralded tales that are debuting include "Into the Mist," a prequel to the magical creature-filled "Land of Elyon" series; and "Paint the Wind," an epic horse story in the tradition of Black Stallion.

- * Make the car a place for storytelling. Instead of turning on the radio, engage your family's minds by taking audiobooks on the road. A good story can make those long car trips seem shorter!

- * Schedule regular audiobook nights the way you would a movie night. Prepare some favorite healthy snacks and listen to a chapter of an audiobook.

- * Dream up your own sequels and prequels together. Challenge your kids to invent their own tales of what happens next to characters once an audiobook is finished. Tell the stories to each other and have kids draw pictures of what they think the characters and scenes look like.

Above all, choose audiobooks that are both entertaining and educational. Just as with movies or TV shows, some audiobooks are not suitable for the whole family.

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SUMMER HOURS: MON-SAT 11AM-10:30PM; SUN 12 NOON-10PM