



Bad News, skippered by Michael Marshall, prepares to round Butterball as Machbuster raises her spinnaker, in last year's Fleet 12 action.

## J/22 racing season to start

In a break from tradition, Fleet 12 will begin its Sunday race series next Saturday, June 30.

The onetime switch was made in anticipation of an unusually high level of boat traffic on the lower bay racecourse July 1, due to the Tall Ships parade of sail. The Fleet 12 J/22 Sunday Series is hosted by the Conanicut Yacht Club, but is open to all J/22's, including Sail Newport boats. This year's series is scheduled for the following dates: June 30, July 8, 22, and 29; and August 5, 12, 19, and 26. All participants are also encouraged to enter the Newport Regatta on July 14 and 15, and CYC's Around the Island Race on Labor Day weekend, but these events will not count toward the season championship.

The Fleet 12 J/22 Sunday Series offers a rare combination of family friendly, Corinthian yacht racing, where all the boats have a real chance to win and are guaranteed to have a good time trying. It is a spinnaker series, so the racing is genuine. Starts are near Special Mark 3 between CYC and the bridge at 1:30 p.m. There is no registration fee. Race instructions are available on the CYC website, [www.conanicutyachtclub.org](http://www.conanicutyachtclub.org).

Last year's series was won by Louis Mariorenzi and his Blues eRacer team, the fourth different winner in as many years. Anyone with a J/22 can join in the fun. Spectators are invited to keep an eye out for the colorful fleet on Sunday afternoons this summer.

## Athletes have opportunities to practice this summer

By Adrienne Downing

School may be out for the summer, but for fall athletes, summer is an ideal time to work on their skills and stay in shape. Several sports teams at North Kingstown High School have posted their captain's practice schedules for the summer. The practices are an excellent way for incoming freshman and newcomers to get acquainted with their team before school starts in the fall. Practices are student run and are not mandatory.

Girls' soccer will host two practices a week, starting this Sunday at 5:30 p.m. at Wilson Park.

"We will decide on Sunday which day of the week we want the second practice to be," Captain Caitie Kelly said. "Even if girls are not sure if they are going to try out for the team, we encourage everyone to come to the practices because it is a great way to meet people and prepare for the season."

For more information or questions, email Kelly at [ckelly2126@aol.com](mailto:ckelly2126@aol.com), or Lexi Bottomly at [lexable27@yahoo.com](mailto:lexable27@yahoo.com).

The boys' soccer team will hold their practices on Tuesdays and Thursdays from 5:30 to 7:30 p.m. at Wilson Park, starting July 10.

Two of the team's captains, Brett Uttley and Ben Nadeau, are from Jamestown. For more information, email Uttley at [bkuttley@cox.net](mailto:bkuttley@cox.net).

The weight room will be open Mondays through Thursdays from 6 to 9 a.m. for football players starting on July 2. Offensive prac-

tice will take place on Mondays from 6 to 7:30 p.m., through Aug. 6. Defensive practice will be held on Wednesdays from 6 to 7:30 p.m. starting July 11. NK football camp will run from 3:30 to 7 p.m. on Friday, July 20, 8:30 a.m. to 3 p.m., on Saturday, July 21, and 12 to 4:30 p.m. on Sunday, July 22.

Testing and equipment day will be Aug. 12, starting at 8 a.m. Double practice sessions will be held Aug. 13 through 17, from 7 a.m. to 3 p.m. There will be a single session practice from 7 to 10 a.m. on Saturday, Aug. 18 and from 3 to 6 p.m. on Monday through Wednesday, Aug. 20 to 22.

For more information on the football practices, contact coach Keith Kenyon in the athletic directors office at 268-6281.

The boys' and girls' cross-country teams will hold their practices together this summer.

Group runs are scheduled for Mondays at Mackerel Cove at 5:30 p.m. and Wednesdays at 6:15 p.m. at the URI Run for Fun series at Keaney Gym on the URI campus. Thursdays' run will be at the Rhode Island Veterans Cemetery on Route 2 in Exeter at 5:30 p.m. and the Saturday runs will take place at Goddard Park, near the first bathroom, at 8 a.m.

"All family members are invited to join us for a walk or run during these times," boys' coach Paul Tetreault said.

For more information on the cross-country programs, contact Tetreault at 295-1805 or girls' coach Keven O'Neil at 294-6086.

Once the other fall teams have solidified their summer schedules, they will be posted online at [www.nksd.net/schools/nkhs/departments/athletics](http://www.nksd.net/schools/nkhs/departments/athletics).

## Performing arts camp scheduled

The Jamestown Recreation Department is sponsoring some exciting new creative programs this season. Performing Arts Programs, Inc., a provider of performing arts instruction throughout New England, as well as seasonally in Times Square, will be offering instruction to children ages 6 to 14.

Performing Arts Programs' summer camps are designed for the young performing arts enthusiast. Beginners through advanced students, with the guidance of our talented staff, will learn to thrive creatively through the performing arts. Acting, singing and dancing are incorporated to give the young artist an opportunity to show their talent in a fun, comfortable and nurturing environment.

The first half of the day is dedicated to fun and exciting dance and acting sessions, while the afternoon is spent rehearsing for a final public performance revue for family and friends showcasing


each individual student and their work from the week.

The classes will run July 9 to 13 at the recreation center, 41 Conanicut Ave. from 9 a.m. to 2:30 p.m. The cost is \$185 for the week.

Visit the website [www.performingartsprograms.biz](http://www.performingartsprograms.biz) to find out more about the summer programs.



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## Newport Hospital and Jamestown Family Practice welcome Stephen Groskin, MD



Stephen Groskin, MD

Dr. Groskin, a board-certified family practice physician, has joined Newport Hospital's medical staff and Jamestown Family Practice. He earned his medical degree from the University of Buffalo School of Medicine and Biomedical Sciences, and he completed both his internship and residency at the Ohio State University Medical Center in Columbus.

Dr. Groskin brings nearly 30 years of family practice experience and is certified by the American Board of Family Practice. He is accepting new patients in the Jamestown Family Practice office at 20 Southwest Avenue, Jamestown; 423-2616.




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