

Freshman basketball team gets help from islanders

Team takes big win over Hendricken

By **Stephanie Heelan Cotsonas**

The North Kingstown High School boys' freshman basketball team easily beat Tollgate last week in their final home game of the season. Their record is 7-3 with one more regular season game before the playoffs.

One of those wins was a big 76-63 upset over the Hendricken Hawks, who are currently in first place in the division, and their only loss was to the Skippers. Head Coach Jim Simmons was thrilled with the win. "We had a huge win against Hendricken. They pressed us the whole game and we kept breaking it. It was an up-tempo game and we ran very well that game and scored 76 points. We have never scored 76 points," he said. Although Tollgate has not won a game yet this season, the Skippers were down by two at one point in the opening half. Tollgate was not going down easily, but the Skippers still took a 20-16 lead into the second half.

"I told the kids before the game, this is the most dangerous team. They are 0-9 and they have they nothing to lose," Simmons said. "When they (Tollgate) showed up here they were all together and they warmed up together as a cohesive team."

North was able to pick up the momentum in the second half, however, and rotated all the members of the squad into the game to get the 46-29 win.

Jamestown resident Ryan



Steve Santo blocks the shot of fellow islander Ryan Southworth during the freshman basketball practice at North Kingstown High School.

Photo by Nate Wigton

Southworth had a strong game and was praised by Simmons. "Southworth is a good defensive guy. If we are in a situation where we need to shut down one guy from the other team, Southworth is the guy I put in because he is very quick. He is a great kid and one of the hardest working guys on the team."

Simmons also commended islander Mike Schnack and said, "He is excited to be here and he played well tonight. He has got a very good jump shot and he works very hard in practice."

The other two islanders on the 14-member squad are Romil Patel, who Simmons calls "a very good player who is often a start-

er," and Steve Santos, who is a starter who continues to improve, according to Simmons.

Santos has done well with the transition to high school basketball, but, he said, "It has been a lot harder. We are a much better team, but we have not worked together as a team as much. So, at the beginning of the year, we had to get used to each other. We have improved a lot playing together this season."

In the pre-season, 27 kids went out for the freshman team and 13 were cut. According to Simmons, "There have been a few instances in the past where kids have been cut as freshman and they come back the following year as starters."

Jamestown resident Mike McDermott is a member of the junior varsity team, who also beat Hendricken, and islander Dom Anderson is playing on the varsity team. Head Varsity Coach Aaron Thomas said, "Anderson is a very valuable player to us. He is probably the best physical player on the team. He'll go out and play physical every night and bang the other team's best player." Last Friday North beat LaSalle 68-65 and Anderson contributed 11 of those points.

The varsity team is currently in first place in the division (9-1) and plays at home tonight against Woonsocket after the JV game. The freshman team's first playoff game is on Feb. 5.

Jamestown Animal Shelter Meeting

Wednesday, Feb. 6, 2008
7:00 p.m. at Jamestown Library

ALL are welcome
and invited to attend!

Teens who have community service requirements...
Here's your chance to have some fun while completing your service!

Rec Youth Volleyball

The Jamestown Recreation Department will host an open-play youth volleyball program on Tuesdays from 6:30 to 7:30 p.m. at the Lawn Avenue School gym. The league is open to middle-schoolers through adults.

Netters are encouraged to come ready to play. The league is not instructional. For more information, contact the Jamestown Recreation Department at 423-7260.

Maden to give bridge history lecture

Jamestown historian Sue Maden will tell the history of the Jamestown Bridge in a lecture at the North Kingstown library on Wednesday, Feb. 6, at 7 p.m. register: The talk coincides with a month long exhibit entitled "Jamestown Bridge 1940-2007: Concept to Demolition" that will showcase the 67-year history of the bridge — from its planning, construction, operation, closure, and demolition.

The exhibit is a project of the Jamestown Historical Society and the Public Archeology Lab (PAL) in collaboration with the Federal Highway Administration, the Rhode Island Department of Transportation, and the Rhode Island Historical Preservation and Heritage Commission and was developed by PAL under contract to Gordon R. Archibald, Engineers, Inc. Photographs by Matt Kierstead, Alyssa Wood, and Rob Brewster will depict the bridge's demolition. For more information on the exhibit and to register for the lecture, call 294-3306, ext. 3.




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february class schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
HOURS: Mon-Thurs: 5:30 am-8 pm Friday: 5:30 am-7 pm Sat-Sun: 7 am-3 pm			All Classes \$10 - Members \$15 - Non-members		1 Boot Class 6:30 a.m. Kettlebells 10 a.m.	2 Work w/ Jason 10 a.m.
4 Boot Class 6:30 a.m.	5 Kettlebells 7 a.m. Sit to be FIT 2 p.m. Yoga 6 p.m. Judy	6 Yoga 3:30 p.m. Kathy	7 Yoga 8:30 a.m. Kim Functional Jason 6:30 p.m.	8 Boot Class 6:30 a.m. Kettlebells 10 a.m.	9 Work w/ Jason 10 a.m.	
11 Boot Class 6:30 a.m.	12 Kettlebells 7 a.m. Yoga 6 p.m. Judy	13 Yoga 3:30 p.m. Kathy Kettlebells 6 p.m.	14 Yoga 8:30 a.m. Kim Sit to be FIT 3 p.m. Functional Jason 6:30 p.m.	15 Boot Class 6:30 a.m.	16 Work w/ Jason 10 a.m.	
18 Boot Class 6:30 a.m.	19 Kettlebells 7 a.m. Yoga 6 p.m. Judy	20 Yoga 3:30 p.m. Kathy Kettlebells 6 p.m.	21 Yoga 8:30 a.m. Kim Kettlebells 10 a.m. Sit to be FIT 3 p.m. Functional Jason 6:30 p.m.	22 Boot Class 6:30 a.m.	23 Work w/ Jason 10 a.m.	
25 Boot Class 6:30 a.m.	26 Sit to be FIT 2 p.m. Yoga 6 p.m. Judy	27 Yoga 3:30 p.m. Kathy Kettlebells 6 p.m.	28 Yoga 8:30 a.m. Kim Kettlebells 10 a.m. Functional Jason 6:30 p.m.	29 Boot Class 6:30 a.m. Kettlebells 10 a.m.	T: (401) 560-0300 F: (401) 560-0301 36 Southwest Ave. Jamestown, RI	

Classes Require a Minimum of 4 Participants
SIGN-UP for classes at the front DESK
Schedule subject to change. Check bulletin board or front desk for changes.