

## ABOUT TOWN

### Beach 'boot camp' starts next week

The Jamestown Recreation Department will offer new sessions of adult exercise classes that will begin the week of July 14 and run for eight weeks at Mackerel Cove Beach, weather permitting.

There are two sessions being offered, Monday and Thursdays from 6 to 7 p.m. and Tuesdays and Fridays from 7 to 8 a.m. Boot Camp is a results-driven strength and conditioning program. It is conducted in an outdoor environment with some of the most progressive, innovative, and creative exercises in fitness.

Registrations are available at the Recreation Center, 41 Conanicus Ave. For more information, call Jill at the Recreation Office at 423-7260 or email jgoldstein@yahoo.com.

### Garden club to visit Sutton gardens

Members of the Quononoquott Garden Club will be visiting the country garden of Lynda Sutton as part of their meeting on Monday, July 14.

President Jill Meyer will conduct a business meeting at 11 a.m. at St. Matthew's Parish Hall and after that members will carpool to the garden.

The hospitality team will provide a picnic lunch, which members can enjoy amid summer's many splendid perennials in a garden that will be featured in "Better Homes and Gardens Country Gardens" this

summer.

At the business meeting President Meyer will remind members to invite neighbors, family and friends to next month's program at the library, which will feature a representative from Rhode Island Resource Recovery Corporation, who will discuss recycling and how the state works to stay green. This program will take place on Monday, Aug. 18, at 1 p.m.

### Black and White play the blues this Sunday

Summer Music in Jamestown continues for the 2008 season at East Ferry Memorial Square this coming Sunday, July 13, featuring the three piece blues-rock band, Black and White, who will take the stage at 6:30 p.m..

One of Rhode Island's busiest working bands, Black and White has headlined venues throughout the East Coast and had the honor of performing at the prestigious Boston Blues Festival.

Starting out as a quartet in 1990, the band became a trio in 1995 and began to hit its stride, focusing on a concentrated, punchy and swinging blues style. Over the years, they have shared billing with such legendary and eclectic acts as Bo Diddley, Southside Johnny, G.E. Smith, Junior Wells, Buckwheat Zydeco, Rick Derringer, .38 Special, Duke Robillard and Dr. Hook.

Black and White features Don DiMuccio on drums, Jason James on guitar and Kevin Martin on bass.

Admission is free. Bring blankets or chairs to enjoy this concert. This program is sponsored by the Jamestown Teen Center and Evan Fall Protection Inc.

In case of rain, the show will go on at the Recreation Center, 41 Conanicus Ave., across the street.

### Teens hold open house July 15

The Jamestown Teen Center invites the public to an Open House on Tuesday, July 15, from 5:30 to 7 p.m.

The center will be open to all ages for the evening. Come meet the new staff, register teens for the programs, and enjoy refreshments and beverages in the newly-renovated space.

For more information, contact Melissa or Debbie at 423-7261 or email jamestownteens@yahoo.com.

### Computer assistance for community members

The Jamestown library has an on-going program of computer assistance to members of the Jamestown community.

The program takes place on Monday mornings from 10 a.m. to noon, and has been running since May.

Robert Edgar, a retired information technology specialist, is available at the library to provide help with information about computers. From the basics of getting started, to signing up for an e-mail account, to downloading software, Edgar can guide people through most problems. The service is free on a first-come, first serve basis.

For those with particular needs, call the library prior to the Monday session so Edgar can prepare to answer specific questions. For more information, call the library at 423-7280.

### Start practicing for island talent show

The Jamestown Community Chorus will hold its 19th Annual Talent Show on Wednesday, Aug. 13, at 7 p.m. at the Jamestown Recreation Center. The production is titled "Salute to Vaudeville."

Open auditions will be held at the Recreation Center on Sunday, Aug. 10 and Monday, Aug. 11, at 7 p.m. A piano accompanist will be available. Performers of all ages from Jamestown and surrounding communities are invited to show off their talent.

Ticket prices will be \$7 for general admission and \$5 for seniors and children 12 and under. For more information, call 423-1574.

### Put on pajamas for a good story

The Jamestown library will host a Pajama Story Hour on Tuesday, July 22, from 7 to 7:30 p.m.

The theme will be 'Christmas in July' and the guest storyteller will be recently-retired first grade teacher Debbie Murphy, who will read "Shall I Knit You a Hat?" a Christmas tale by author Kate Klise.

The story hour is for children ages 4 and up and their families. Registration is not necessary for this free program.

### Teens to read Sherman Alexie book

The Jamestown library's teen book group will meet on Friday, July 11, at 3:30 p.m. in the Sydney L. Wright Museum Room to discuss the book, "The Absolutely True Diary of a Part-Time Indian," by award-winning Spokane Indian author Sherman Alexie.

The book is one of the 2009 RI Teen Book Award nominees and is a National Book award winner for 2009.

Call or visit the library to reserve a copy of the book. They can also be reserved online at [www.jamestownri.com/library](http://www.jamestownri.com/library).

All young readers entering middle school in the fall are welcome to join the group.

Registration is suggested but not required. Visit the library or call 423-7280 to register.

### New fitness for adults offered

The Jamestown Recreation Department will offer Functional Training adult exercise classes beginning the week of July 14.

There are two times being offered, Thursdays from 6 to 7 p.m. and Saturdays from 10 to 11 a.m.

Functional Training class is a circuit style of training with a unique approach. Registration forms are available at the Recreation Center, 41 Conanicus Ave. For more information, call Jill at the Recreation Office at 423-7260 or email jgoldstein@yahoo.com.

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#### OUR ADDRESS

42 Narragansett Avenue, Jamestown, RI 02835  
Phone (401) 423-3200 • Fax (401) 423-1661  
E-Mail: [news@jamestownpress.com](mailto:news@jamestownpress.com)  
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REPORTERS: Michaela Kennedy, Sam Bari, Stephanie Cotsonas, Rudd Hall, Eileen Daily  
COLUMNISTS: Jim Munro, Roger Marshall, Sam Bari, Donna Drago  
PHOTOGRAPHERS: Victor Richardson, Andrea von Hohenleiten, Don Miller, Kate Petrie, David Zapatka  
CARTOONISTS: Dwight Smith  
HISTORIAN: Sue Maden  
BOOKKEEPER: Kate Lucas  
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